

# the beauty memo

## GLOBALA-LIST COSMETIC EYE SURGEONS

*DANIELLE FOX tracks down the international surgical elite who, with a deft hand and the safest, subtlest and most scrupulous procedures, have the power to roll back the years and open your eyes to a brand-new, youthful look*

### Dr Naresh Joshi *London*

Dr. Joshi's meticulous attention to detail and 20 years of practice have garnered him a global reputation as the plastic surgeon to see in London for eyes – it's all he does. "This is a high-stakes area, so surgery has to be impeccable to avoid affecting the functions of the eye," explains Joshi. His forte is blepharoplasty – both upper-lid correction for hooding and lower-lid treatment for puffy bags. His technique is so precise and subtle that it's hard to tell if his patients have had a post-holiday refresh or just changed their makeup. [bupacromwellhospital.com](http://bupacromwellhospital.com)

### Dr Jennifer Levine *New York*

Dr Levine's goal is to preserve the natural shape of the eye using a range of techniques: she tightens and smooths skin with a combination of surgery (an incision is made inside the eyelid so there is no scarring) and light laser peels. She often asks patients to bring in old photographs so she can see the results they're aiming for. "I look at the face as a whole to get a balanced look and work with the patient to develop a plan that will meet – and hopefully exceed – their expectations." [drjenniferlevine.com](http://drjenniferlevine.com)

### Dr Paraskevas Kontoes *Athens*

Fêted for his precise laser technique, Dr Kontoes is known for evolving the classic laser blepharoplasty treatment into his patented SSTT (single suture traction technique), a procedure that requires just one incision on the upper eyelid and none on the lower. This honed technique ensures a minimal downtime of three to four days and the fine lines around the eye are softened at the same time. The result? A subtle change in structure, leaving the eye with a natural, elegant shape. [kontoes.gr](http://kontoes.gr)

### Dr Cynthia Boxrud *Los Angeles*

With her motto, "Don't alter what mother nature has given you, just enhance it," Dr Boxrud, whose legion of patients love her subtle periorbital injectable layering to fill in hollows, is something of a surgical maverick. But when it does come to surgery, "Fresh is what I strive for," she says. Analyzing old photos helps her understand a patient's aging process. "Many come in thinking surgery is the only solution, so matching the extent of surgery to the patient's expectation is paramount. Often smaller techniques and tweaks are better." [drboxrud.com](http://drboxrud.com)